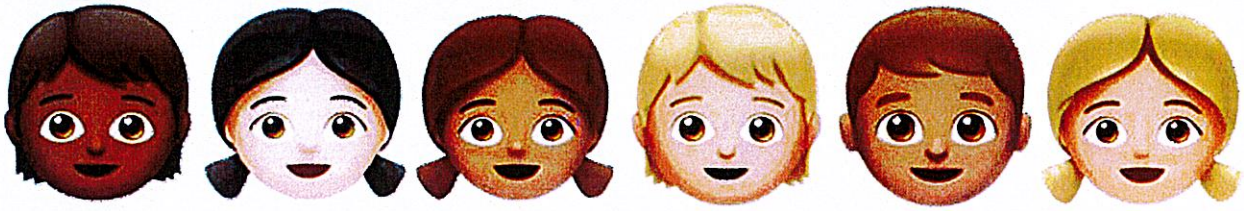
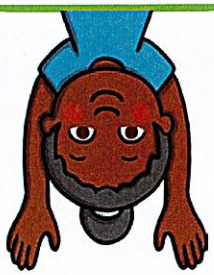
This is me!

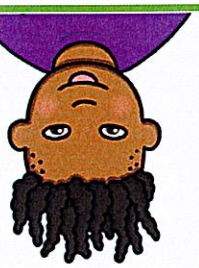
Can you draw a picture of yourself to give to your Teacher?

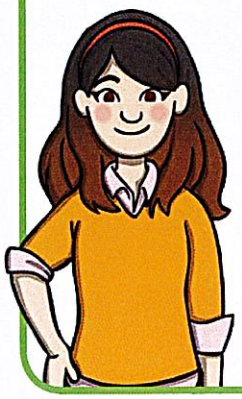


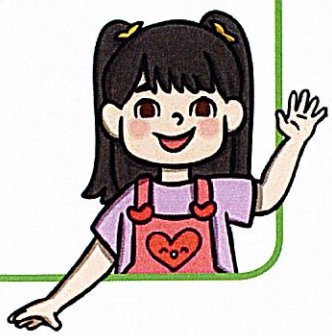
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My Family









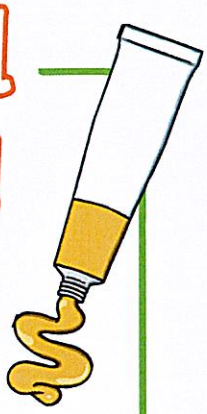
My Favourite Toy





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Something Fun I Did During the Summer!

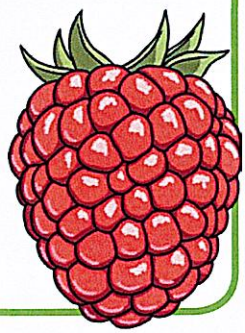






My Favourite Food

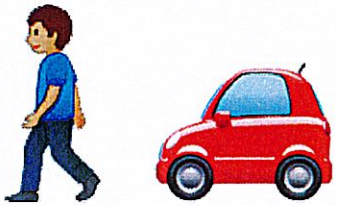
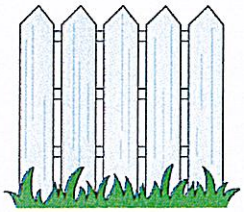
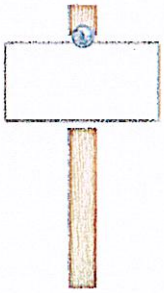
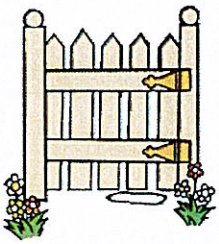




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My New School

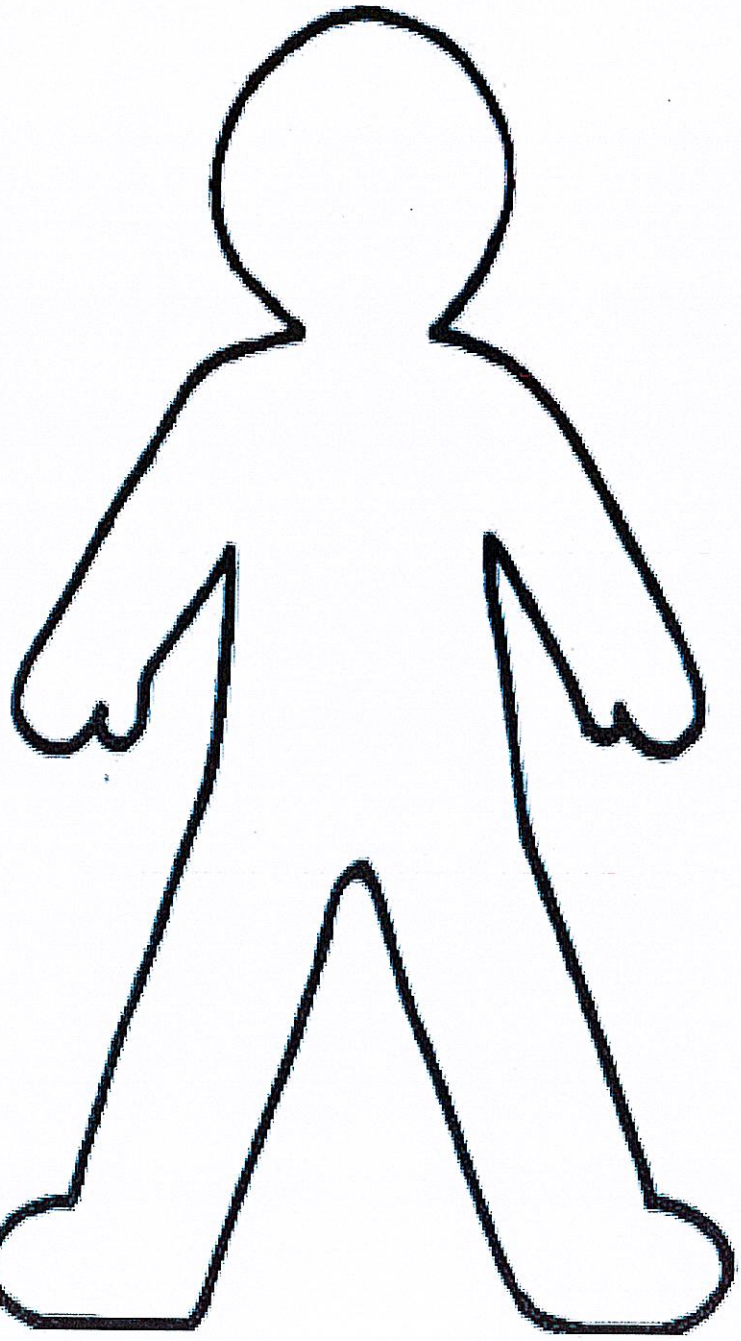
What can you find out about your new school?
Take photographs or draw the answers below. Take a walk or drive to school or look on the school website to help you.

 Will you walk or drive?	 How many roads do you walk or drive down?	 What colour is the fence?
 What picture is on the school sign?	 How many gates can you see? Which one will you use?	 What can you see in the playground?

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My school clothes

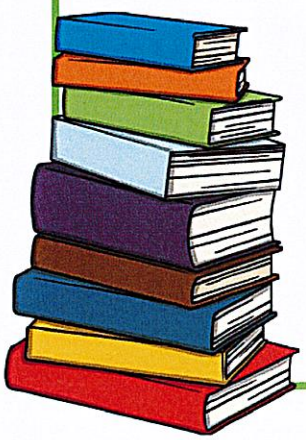
Can you draw your new school uniform?
Can you add a photo of your face?



What do you like best about your uniform?

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My Favourite Story





The definition: skills to practise before starting Reception:

New skills take time to learn. Practising at home will help your child move into school more easily and with confidence.

Growing independence

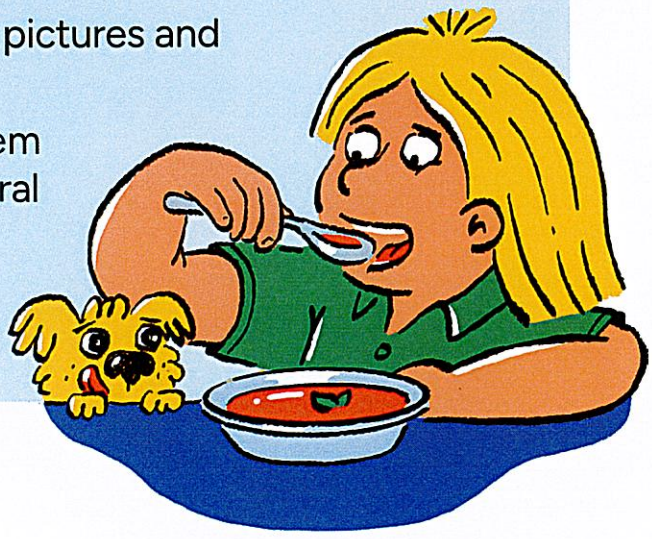


Taking care of themselves

- ☑ Putting on/taking off their coat and shoes
- ☑ Using the toilet and washing their hands
- ☑ Getting dressed with little help, e.g. after using the toilet or doing PE
- ☑ Using cutlery (e.g. fork and spoon, chopsticks) and drinking from an open cup
- ☑ Spending time away from you, learning they can be looked after by caring adults

Play, creativity and curiosity

- ☑ Taking part in imaginative play (e.g. role play)
- ☑ Drawing, painting, colouring and sticking
- ☑ Sharing story books, looking at pictures and talking about the characters
- ☑ Exploring the world around them (e.g. looking closely at the natural world, playing safely with objects at home)



At school your child will be meeting lots of new people and make new friendships. Some things to help them get ready include:

Building relationships and communicating



Being with others

- Practising sharing and taking turns with toys
- Talking to them about **how** they are feeling and **why**
- Looking at story books together and speaking about what characters are feeling is a good way to do this
- Beginning to recognise what others are feeling, e.g. understanding if a friend is sad
- Encouraging them to set boundaries for themselves and others (e.g. knowing how to say 'no')

Communication and language

- Singing along with songs and nursery rhymes
- Talking happily to others about activities, experiences and the world around them
- Showing they need help by speaking clearly (in basic English or sign language)
- Recognising the pattern of their name (so they can find it on their coat peg or jacket)



Listening and engaging

- Paying attention for short periods of time
- Listening to and following simple instructions
- Carrying on with a task even when it's difficult and bouncing back if things go wrong

Physical development

Getting moving for at least three hours a day

- ☑ Walking up and down steps (one foot at a time, using the wall for support)
- ☑ Climbing, running, jumping and playing
- ☑ Catching a large ball (most of the time)
- ☑ Doing simple puzzles and craft activities, strengthening their grip with cutting and sticking



Healthy routines

- ☑ Going to bed around the same time each night, waking up in time to get ready for school
- ☑ Limiting screen time to the recommended daily amounts (see advice)
- ☑ Eating a healthy diet and trying new foods
- ☑ Brushing their teeth with fluoride toothpaste twice a day (you'll need to supervise this until they are at least 7)

